

Courtney Honda of Milford

presents the

Independence Day 5000

Schedule of Events

Saturday July 1, 2017 at 9:00am

Joseph A Foran High School

80 Foran Road, Milford CT

7:30am Race Registration starts

8:50am Announcements/Walk to start

9:00am Race to start

10:15am Awards Ceremony

Shirts for all Pre-registered runners and as supplies last on race day

Name: _____

Street: _____

City/State/Zip: _____

Sex: ___ Birthdate: ___/___/_____

Age on Raceday: _____

Email: _____

Checks Payable to: Milford Road Runners Mail to: Jerry Meshell 118 Cherry Hill Rd Orange, CT 06477 Pre-registration of \$20 Must be rec'd by 6/29/2017 Day of registration \$25

Please understand that this event is rain or shine & non-refundable. I hereby release the city of Milford, The Milford Road Runners and Foran High School, all personnel involved, volunteers any co-sponsoring company(ies) from responsibility, from any injuries or damages I may suffer as a result of my participation in the race. I hereby certify that I am in good condition and am able to safely compete in this event. I will additionally permit the use of my name and pictures in print. I am aware that there will not be medical staff on duty and that the roads are open to traffic. As a participating athlete, I certify that the information provided by me in this form is true and complete. I have read the entry information provided for the event and certify my compliance with my signature.

SIGNATURE: _____