

# The Milford Road Runners & Tribus Beer Co. present The Independence Day 5K & 1.5 Mile Fitness Walk

Thursday July 4, 2019 – 9:30am  
Tribus Beer Co (NEW LOCATION)  
100 Raton Dr Milford, CT 06461  
Runners/Walker Registration Fees

**Be sure to register early this race will SELL OUT!!!**

Pre-reg: \$25 received by 4/4/2019

\$30 received by 4/30/2019 after \$35 until sold out

Check out all the details at <http://milfordrr.com>

Name:		Shirt Size(S-XL):	
Street:			
City/State/Zip:			
Sex: ____		Birthdate:    /    /	
Age on Race day:	Runner	<input type="checkbox"/>	Walker <input type="checkbox"/>
Email:			
<p>Please understand that this event is rain or shine &amp; non-refundable. I hereby release the city of Milford, The Milford Road Runners and Tribus Beer Co., all personnel involved, volunteers any co-sponsoring company(ies) from responsibility, from any injuries or damages I may suffer as a result of my participation in the Independence Day 5K and Fitness walk. I hereby certify that I am in good condition and am able to safely compete in this event. I will additionally permit the use of my name and pictures in print. I am aware that there will not be medical staff on duty and that the roads are open to traffic. As a participating athlete, I certify that the information provided by me in this form is true and complete. I have read the entry information provided for the event and certify my compliance with my signature.</p> <p>SIGNATURE or Parent if under 18:</p>			

**Make Checks payable to Milford Road Runners**

**Mail to: Jerry Meshell**

**118 Cherry Hill Rd.**

**Orange, CT 06477**